

EarthCare (Teens): WILL

Power Points for Facilitators & Teen Leaders:

- God is all good and active in everything, everywhere.
- I create my experiences by what I choose to think and what I feel and believe.
- I do my best by living the Truth I know. I make a difference!
- Classroom facilitators are here to draw out our youth, teens lead the direction of our conversations and facilitators are guides along the way.

Divine Will as spiritual power / for the Teachers:

Building on the introduction to the idea of our 12 spiritual powers, review Unity teachings on will and care for creation at: unityworldwideministries.org/earthcare, and the following, to assist with building an experiential learning opportunity for the teens:

“Will, in the Mind of God, is an idea of decision.”

(Ella Pomeroy (worked with Charles & Myrtle Fillmore) from, Powers of the Soul)

“The settlement of mental uncertainty or indecision; conscious choice or decision of a mental issue. The total conscious process involved in effecting a decision; desire, struggle and decision viewed as a single mental act.” (Webster’s Dictionary)

People are affected by unconscious thoughts and actions, and increasingly the very present fear messages about the earth. It is reassuring to explore spiritual power as spiritual beings. Understanding the difference between Divine Will and self will can assist teens in sorting out the Divine Will as our ability to decide in ways that are good for all. This is a way of living that makes for significant change for humans and the earth. Perhaps the simplest guide for working with one’s energy, one’s emotions, one’s thoughts, and one’s action, one’s will—at any age—is to consider each decision based on the following: is this kind? How can my decision make the greatest good for the greatest number of people? How does my choice affect others, including the earth? Divine Will is settling into a decision, and the power to take action on that decision, for the good of many—and ultimately all since we are interconnected with all.

Opening Prayer / Inspiration Reading

Prayerfully, I affirm: I am one with the power of Divine Will. Thank you God for helping me with my decision to care for the earth and its creatures, its water, and the air. I have faith that Christ within guides me in wise decisions and actions, and the Will to carry them out. I am the power of Will.

Opening Affirmation

“I Am willing to help others. I say YES to helping the earth and its creatures.”

Check In

Include asking each to mention an answer to any of the following questions: what place on earth do you truly love? What creatures do you care about? Do you wonder whether you can do anything to help those places and creatures on the earth?

Song

SUPERHERO: Daniel Nahmod and Nemo

https://youtu.be/y988GAnIL14?si=iqKZVCgtIrt0_iXC

Lesson – WILL

Create an example that helps to demonstrate the difference between self-will (benefits only the self without thought of others, the earth, and its creatures), AND, Divine Will, (our power to make decisions that are for the good of all life to flourish). Ex. Ask each person what their favorite clothes are? Do they know where their clothes were made? Do they know what the fabric is made of? Do the clothes benefit them? Do the clothes benefit just them? Do the clothes benefit just the humans? Touching each others shirts, or pants, can develop a sensitivity to polyester clothing (made from petroleum products which is a non-renewable resource) and cotton / bamboo etc (made from renewable resources).

Then ask what options for clothing are available to them that would benefit the earth, the waters of the earth, and its creatures. Explore “exercising” the use of Divine Will by making conscious decisions about which clothes to purchase in the future. (Most teens count on their parents for funds; explore steps in the direction of buying clothes that have less of a negative impact on the earth and help more creatures. Ex. buying from a thrift store, buying cotton instead of polyester). Becoming decisive with a yes, or a no, in choices, is to exercise will. Exercising Divine Will empowers us with the energy to follow through, especially when our choices are connected to our love for the earth and its creatures. Ask who is ready to make a decision to make a difference with clothes purchases. Ask whether they want to check in each month regarding their progress.

Meditation/ Centering/ Mindful Moment

Create a quiet experience, perhaps sitting on a meditation mat, or designated space/chair. Give each person an earth symbol, hug-a-planet, or a stuffed animal of a creature of the world—something to hold, while each feels their love. Quietly notice the infinite capacity of love, and know that this is the evidence of Divine Love, that is God (not just for one person but for all). Lead a guided meditation where each person can visualize love being given to others—to creatures, the earth they walk on, etc.

Creative Experience

Take a tour of the ministry building, indoors and outdoors. What can the teen group do with their spiritual family to exercise Divine Will on behalf of the earth and its creatures? What would they propose to the minister/spiritual leader?

Reading

12 Powers Resources: 12 Powers of Man by Charles Fillmore; 12 Powers Meditation by Charles Roth. Powers of the Soul by Ella Pomeroy. New at unity.org: Adventures in Resilience by Rev. Sharon Connors

5 Basic Unity Principles

God is all good and active in everything, everywhere.

I am naturally good because God's Divinity is in me and in everyone.

I create my experiences by what I choose to think and what I feel and believe.

Through affirmative prayer and meditation, I connect with God and bring out the good in my life.

I do and give my best.