Average household reduction of CO2 emissions: 283 pounds a year

How

Using a power strip, plug your entertainment devices in together. Before going to bed at night, or after you've finished using them, switch off the power strip. If you have to keep one of your appliances on (to record television shows, for example), plug it in to another outlet and turn off the power strip.

Why

Electronics with lighted displays showing the time or a lit off button are still using electricity! In fact, the energy used to keep display clocks lit and memory chips working accounts for five percent of total domestic energy consumption and spews 18 million tons of carbon into the atmosphere every year.